



# San Antonio Samplings



*Newsletter of the San Antonio Needlework Guild, Inc.*

*South Central Region, Embroiders Guild of America*

<http://www.sang-ega.org/>

Vol. XLIXII

June/July 2020

Issue 6

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## Our President's Message:

We want to congratulate Joyce McCoig on winning the Gold Thread Award for SCR. The region winners will be announced in the June EGA News. The Gold Thread is awarded to the member who has made contributions to growth of embroidery education at a local and/or regional level. SANG is so proud of Joyce.

Our luncheon at Ft Sam Golf Course is confirmed for Saturday, August 29. There is a coupon in this newsletter.

As you all know, our 2020 San Marcos Seminar has been postponed until 2024. Thanks to Diane Williams and her committee for their hard work for 2020.

Save the date of September 26 for the Main Library Mini Maker Faire. I will let you know when I hear of any more information.

Thursday, July 30 is World Embroidery Day. We would like to celebrate this but I have not found a place yet with so many closures.

I still need a volunteer from the day group and one from the night group to be on the Nominating Committee for 2021-2023. Lisa Anderson is chairman but she still needs two more members for her committee. We do need 4 officers for the next two years. I hope two people will volunteer soon so Lisa and her committee can begin finding officers.

Sandra Harwell, President of Permian Basin Needle Arts Chapter, said she found an article taken from Threads of Life: A History of the World Through the Eye of a Needle, by Clair Hunter and published by Hodder & Stoughton, Courtesy of Guardian News and Media Ltd:

"Sewing is increasingly becoming recognized as an effective way to combat depression, the absorption demanded by needlework-its flow- calming the mind and reducing stress. The sense of accomplishment can boost mental health and improve our immune system.

In our social media age, as we become more physically distanced from each other, sewing is a safeguard to isolation, a way to stay in touch with each other: hand and mind working in harmony to convey what lies in our hearts. For me and others, it sustains not just a sense of self but of belonging".

I just wanted to pass this along. I am going to try to find the hardcover or paperback book.

(continued on Page 2

Someone put on Facebook: "Stitching is not just a hobby. It is a way of life".

If we are not at St. Mark's for our night meeting on June 23, the ZOOM link for the June 23 night meeting from PC, Mac, Linux, iOS or Android: <https://rackspace.zoom.us/j/2103122835?pwd=UWhNcmJSdXNPNnlsU3RhN0F2L3Q0QT09>  
Password: 97531. Let Tawney know if you have any problems getting it.

I hope we can all get together for a stitch in soon.

*Joan Vanderbrink*

## Membership

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Ladies, as of May 22<sup>nd</sup> we had 35 primary and 14 plural members renew for the coming year. I hope to have more renewals before the end of the month. Carmel and I will send all renewals received by May 30<sup>th</sup> to EGA national and region on June 1. Any renewals received after that date will be considered late.

*Kay Foster, VP Membership*

## Region News

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South Central Region asks us to watch for news from them about the on-line Opening of Registration for Seminar 2021, *Friends Threaded Together*, June 1-5, in Georgetown TX.

Along with the sad news of the cancelling of Seminar 2020, SCR has asked us to save our Heart and Hand nominees for next year as that has been cancelled. The same is true for the Opportunity Knocks Baskets.

I will still have tickets for the trip to Seminar 2021, as that has not been cancelled. They will be available until early August and then I will send them to the Region. I have all the stubs from before. The winner will be drawn Thursday September 10, 2020. Contact me at 210-365-8951 or [sweetp50@aol.com](mailto:sweetp50@aol.com).

*Pat Sweet, Region Rep*

# Programs

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## August 29, 2020 Luncheon

### Program – Antique Needlework Display



Please plan on joining SANG at Ft. Sam Houston Country Club for our *August 29, 2020 Luncheon*. In addition to good food, a chance to embroider with friends and a refreshing outing after sheltering in place for so long, SANG is pleased to offer members and their guests a truly once-in-a-lifetime opportunity to view an incredible collection of embroidery from the Victorian Era.

Kathleen O'Brien will give a presentation discussing her collection of garments, needlework pieces, and patterns that were used by Victorian embroiderers. Needlework was an expected part of every Victorian woman's life. It was used on dresses, shoes, hats, waistcoats, quilts, purses, and other decorations for the home. Antique needlework from the 19th century will be displayed including garments decorated with needlework (vest, shoes, caps, dress) and multiple slipper patterns in various states of completion. Some examples of decorative items for the home will also be shown as well as a men's waistcoat from the late 18th century. Attendees will also be able to observe the detail work on the pieces.

When she is not sharing her collection of needlework with others, Kathleen M. O'Brien pays the bills as a software quality assurance engineer. She began sewing at age 4, learning traditional techniques from her mother and grandmother. She collects and studies vintage clothing to decipher mysteries of drape and fit found in previous eras. Her costumes include both original designs and reproductions, utilizing many historical techniques. She enjoys sharing both these skills and her collection with others and has published her first e-book "Victorian Smoking Caps". Check out her website at Vintage Fashion Explained.

Link for Vintage Fashion Explained website -  
(<http://www.VintageFashionExplained.com>)

Link for "Victorian Smoking Caps" ebook -  
(<http://www.amazon.com/Victorian-Smoking-Vintage-Fashion-Explained-ebook/dp/B01A0K8786/>)

The luncheon coupon for sign up can be found on page 6. We encourage everyone to attend and bring guests. Watch your email for additional information!

## June 23, July 28, August 27

### Program – Stitch Ins – Evenings Only

SANG takes a break from offering programs and technique classes during the Summer months. We encourage our members to stitch on their UFOs, Seminar Projects and enjoy spending time with friends and family. We do not have

day meetings, but do meet during the evening on our regularly scheduled meeting dates (the Fourth Tuesday of the month) for unstructured stitch-ins

## September 22

### Program – Halloween Plaid Spider



We won't have as much time to complete this project before Halloween as we might have hoped, but please join us as Pat Sweet will teach us how to create a plaid with needlepoint. The plaid is completely reversible, so you may find the technique helpful in unusual finishing situations. The method for constructing and stitching a needlepoint plaid was designed by the late Chottie Alderson, a well-known and much beloved needlework teacher from southern California. It is sometimes referred to as "Chottie's Plaid."

We will be offering two different kits:

Complete Kit: this kit will include an 8"x8" 18 count mono canvas, instructions and threads to stitch one plaid circle. The cost will be \$15

Canvas and Instructions Only: this kit will cost \$5. If you decide to use threads from your stash, here's a list of the threads used in the sample and the completed kits so that you can select equivalent threads in whichever colorway you prefer.

DMC Perle #5: Purple 972, Black 310, Yellow 208

Kreinik #12 Braid (listed either as Lime or Chartreuse) 15

With either kit, you will need to supply 8" by 8" stretcher bars, needles and your usual stitching supplies.

If you plan on doing this project, please complete the coupon on page 7 and send (along with a check made out to SANG) to Pat Sweet, no later than September 4, 2020. If you have already sent in your check based on the previous schedule, please contact Pat Sweet and let her know if you plan to attend the class at the new date and how you would like any money previously sent in to be processed (for example: cash it for the new class, return it to sender, or shred it). Pat can be reached at (210)365-8951 or at her email address [sweetp50@aol.com](mailto:sweetp50@aol.com). This piece can be finished using a cupcake holder in the shape of a spider. Anyone participating in the plaid class can join us again in the Fall – where we will offer a spider finishing class.

## October 27

### Program – Mini Sampler Needle Book - Part 2, Finishing



Join SANG as Karen Heller returns to teach us how to assemble and finish our beautiful needle books. Of course, it would be best if you complete the stitching prior to the meeting -- but even if the stitching is not complete, you'll still learn important techniques that you will be able to use when finishing this and future projects

On a personal note, I would like to thank everyone who has stepped up to the plate and offered to teach programs and technique classes. We have a very talented and generous group of stitchers – you all make my job easy. I would also like to thank all who have attended the technique classes or participated in the programs – it's fun to learn together. If you have any suggestions for programs or technique classes you would like to see (or teach) in the future, please let me know.

*Mary Hodges, VP Education*

**The Covid-19 situation is being continually monitored and adjustments to dates will be made as needed. We encourage all our members to follow CDC protocols. Stay at home if you are vulnerable, wear masks when out, and practice social distancing. Please be safe!**

## **Stitch-Ins**

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I called the Central Library 5-26-2020 and they do not know when they will open. They are talking about a drive thru service, but no opening date yet.

I will send out an email if they open in time for us to stitch at Maverick, Forest Hills and Memorial Libraries.

Our summer meetings are June 23, July 28 and August 25. I do not have confirmation as to whether St. Mark's will be open for us. If it is not, Tawney will host a Zoom meeting at 7:00 pm. We have enjoyed these Zoom meetings. We get to see everyone and what they are stitching.

I don't know when Northwood Presbyterian Church will open either for us to stitch. They are not open yet. I will get the word out when I hear from them.

*Joan Vanderbrink*

## August 29, 2020 LUNCHEON

FT. SAM HOUSTON GOLF COURSE CLUB  
1050 HARRY WURZBACH, SAN ANTONIO, TX 78209

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Please check the entrée you would like

( ) Baked Tilapia with Lemon Butter Sauce

( ) Barbequed Brisket

( ) Baked Chicken with Mushroom Sauce

Each entrée comes with Green Beans Almandine, Oven Roasted Potatoes, Salad, Rolls, Apple Pie, Iced Tea and Water

I am bringing \_\_\_\_\_ guests.

My guests names are and they would like

\_\_\_\_\_

\_\_\_\_\_

Check enclosed for \$20.00 X number of attendees \_\_\_\_\_

Please complete coupon, noting the entrée you and your guests would like and send coupon and check payable to  
SANG to: Marilyn Veach, 7403 Quail Run, San Antonio, TX 78209

**Deadline: August 15, 2020**

We can come to stitch and visit beginning at 9:00 am and have the program at 10:30 am and lunch at 11:30 am.

## SANG September Program

### Plaid Halloween Spider

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

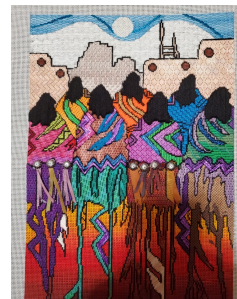
Phone \_\_\_\_\_

Kit Fee: ☐ Complete \$15 ☐ Instructions and Canvas only \$5

Mail completed form and check for your kit fee made out to SANG to: Pat Sweet, 9134 Gothic Drive, Universal City, TX 78154-2853

**Deadline: September 4, 2020**

# THE SANG GALLERY



Stitched by Pat Sweet

## Membership Form

Membership dues are up for renewal in May each year. Renew and keep your benefits coming.

		2020 Dues Amount
New SANG Primary Member	National, Regional, and Chapter Dues	\$55.00/year Aug 1-Oct 30/\$43.25, Nov 1-Jan 31/\$35.50, Feb 1-Apr 30/\$23.75
Returning SANG Primary Member		\$55.00
SANG Plural Member (Primary Membership in another South Central Region Chapter)	Chapter Dues	\$11.00
SANG Plural Member (Primary Membership outside South Central Region)	Regional and Chapter Dues	\$16.00
SANG EGA Life Members		\$16.00

\*New Members dues will be prorated as follows: Aug 1-Oct 30/\$43.25, Nov 1-Jan 31/\$35.50, Feb 1-Apr 30/\$23.75

VERY IMPORTANT: Each member must make any changes to personal information (address, phone number, email) directly to EGA. Go to the National EGA website - [www.egausa.org](http://www.egausa.org) - click the "Contact Us" tab at the top of the page. Under "Other contacts" is a form "Change of member address or email". NOTE: Our membership chair, Kay Foster, is no longer allowed to do it for you.

### Membership Form

#### New Members and Renewals

Annual membership is from May through April. Dues for one year are \$55 and are prorated for new members only as the year goes on (Aug 1-Oct 30/\$43.25, Nov 1-Jan 31/\$35.50, Feb 1-Apr 30/\$23.75)

Dues include a subscription to Needle Arts magazine and to the chapter's newsletter, San Antonio Samplings. Meetings are held on the fourth Tuesday of each month at 10:00 AM in the morning as well as at 7:00 PM in the evening.

Plural membership is available to members of other EGA Chapters for \$11 per year if your primary chapter is within the South Central Region or \$16 if outside the South Central Region. Life member dues are \$16 per year.

☐ I would like to join SANG as a new Member    How did you hear about us? \_\_\_\_\_

☐ I would like to renew my membership.    My EGA Member Number is: \_\_\_\_\_

Name: \_\_\_\_\_ I have been a member since: \_\_\_\_\_

Address: \_\_\_\_\_ Birthday: (mm/dd) \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ ☐home/☐cell

E-mail: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

I would like to receive the newsletter by e-mail. ☐ Yes ☐ No






(If yes, ensure that your correct e-mail address is entered in the line provided.)

Plural, Life or At-Large Members please list home chapter \_\_\_\_\_

Please print and mail this form with your check made payable to **San Antonio Needlework Guild to:**

**Carmel Friesenhahn, P.O. Box 178, St. Hedwig, TX 78152**




## June 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Flip A Coin Day	2 National Rocky Road Ice Cream Day	3 Repeat Day (Repeat Day)	4 <i>Hug Your Cat Day</i>	5 National Doughnut Day	6 D-Day, WWII
7 National Chocolate Ice Cream Day	8 Best Friends Day	9 National Strawberry Rhubarb Pie Day	10 Iced Tea Day	11 National Corn on the Cob Day	12 National Flip Flop Day	13 Sewing Machine Day
14 	15 Smile Power Day 	16 Fresh Veggies Day	17 Eat Your Vegetables Day	18 National Splurge Day!	19 	20 
21 	22 National Chocolate Éclair Day (Yum!!)	23 SANG ZOOM Mtg. 7-8:30pm (link in Presidents Message)	24 INTERNATIONAL FAIRY (OR FAERY) DAY	25 National Catfish Day	26 Forgiveness Day	27 Sunglasses Day
28 Paul Bunyan Day	29 Waffle Iron Day	30 Meteor Day				

## July 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Postal Workers Day	2 Anisette Day	3  Texas Independence Day	4 
5 Hawaii Day	6 Fried Chicken Day	7 Strawberry Day	8 Freezer Pop Day	9  Cow Appreciation Day	10 Pina Colada Day	11 Mojito Day
12 Pecan Pie Day	13 Delaware Day	14 Mac & Cheese Day	15 Give Something Away Day	16 Corn Fritters Day	17 World Emoji Day 	18 Caviar Day
19 Ice Cream Day 	20 Pennsylvania Day	21 Be Somebody Day	22 Hot Dog Day	23 Gorgeous Grandma Day	24 Cousins Day	25 Threading the Needle Day
26 Disability Independence Day	27 New Jersey Day	28 SANG ZOOM Mtg. 7-8:30pm (link in Presidents Message)	29 Lasagna Day	30  World Embroidery Day	31 Talk in an Elevator Day	

## August 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 GIRLFRIENDS DAY
2 <i>Sisters Day</i>	3 Georgia Day	4 <b>National Night Out</b>	5 Work Like a Dog Day	6 Root Beer Float Day	7 	8 Happiness Happens Day
9 Book Lovers Day	10 S'mores Day	11 Son's & Daughter's Day	12 <b>Middle Child Day</b>	13 Left Handers Day	14 <b>V-J Day</b>	15 Relaxation Day
16 Tell a Joke Day	17 Massachusetts Day	18 Fajita Day	19  <b>Aviation Day</b>	20 Chocolate Pecan Pie Day	21 <b>Senior Citizens Day</b>	22 Be an Angel Day
23 Sponge Cake Day	24 Maryland Day	25 <b>SANG ZOOM Mtg.</b> 7-8:30pm (link in Presidents Message)	26 <b>Dog Day</b>	27 Just Because Day	28 Red Wine Day	29 Chop Suey Day
30  <b>Beach Day</b>	31 South Carolina Day					

### Blue Bonnet Studio Time Needle Arts Retreat February 13-16, 2021

Featuring 10+ Faculty & 15+ Classes

Sugar Land Marriott Town Square  
Sugar Land, Texas, USA  
281.288.9290 for room reservations

For event details and registration

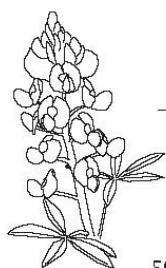
Visit [www.bluebonnetstudio.com](http://www.bluebonnetstudio.com)

Telephone: 713.849.9848

Email: [maryelvis@sbglobal.net](mailto:maryelvis@sbglobal.net)

Blue Bonnet Studio LLC

5922 Pebble Bank Ln, Houston TX 77041



## Stitches From The

Counted Cross-Stitch      Mon. - Fri. 10-5 Sat. 10-4

5123 N. Loop 1604 W. #109, San Antonio, TX 78249

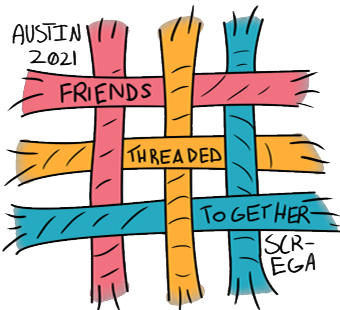
Phone: (210) 479-2600      Toll-Free: (877) 479-2620

Email: [stitches.heart@att.net](mailto:stitches.heart@att.net)

Website: [www.heartfeltstitches.com](http://www.heartfeltstitches.com)

**To any non-members who may be reading this newsletter:** We hope you've enjoyed reading our newsletter. SANG would love to have you attend a meeting or join us at any of our community stitch-ins. All guild activities are open to SANG guild members and our sister-guilds (ANG and Bluebonnet). EGA members belonging to other guilds are welcome to attend our meetings, and attend workshops and classes if space is available. Visitors are welcome to attend any of our community stitch-in events and are encouraged to attend up to two official guild meetings (either the First Wednesday of the month stitch-in or our Fourth Tuesday day or night meetings) prior to joining. Workshops and classes are only open to EGA Guild members unless otherwise stated in the announcement.

San Antonio Needlework Guild  
3501 Enchanted Farm  
Schertz, TX 78154



EGA National Seminar 2021  
September 1-5, 2021  
Chicago, IL

**Newsletter Deadline for submissions is the 4th Tuesday of the month.**  
*The mission of the Embroiderers' Guild is to inspire passion for the needle arts through education and the celebration of its heritage.*